

FOOD, PERSONAL HYGIENE & CLOTHING PROGRAMS

FOOD PROGRAMS

Home Delivered Meals

Stoughton Area Senior Center

Meal delivery is available every weekday on a donation basis to homebound adults age 60+ residing in the Stoughton Area School District. Suggested donation is \$4.50; Individuals under age 60 must pay the total cost of \$15.44. Call 608-873-8585 for more information.

Senior Center Nutrition Site

Stoughton Area Senior Center

248 W. Main Street, Stoughton WI 53589

The Senior Center serves lunch every weekday at noon to adults age 60+. Reservations required. Call 608-873-8585. Suggested donation is \$4.50; Individuals under age 60 must pay the total cost of \$15.44. For transportation options please see Transit Solutions, p. 20.

FoodShare Wisconsin

To apply for State of Wisconsin FoodShare: **Capital Consortium, 1-888-794-5556** access.wi.gov

For questions and support related to FoodShare benefits contact:

Second Harvest, 1-877-366-3635
secondharvestmadison.org

Nutrition Counseling

Area Agency on Aging of Dane County (608) 261-5678

Free nutrition counseling is available to adults age 60+ residing in Dane County who are seeking information on ways to improve their overall health. Appointments are available by phone, Zoom, or in-person. Any nutrition-related questions or concerns can be discussed. Common topics include: prediabetes and diabetic foods, food interactions with medication, unintentional weight loss, heart healthy diet, difficulties chewing or swallowing, poor appetite, constipation or basic older adult nutrition.

FOOD / HYGIENE PANTRIES

City of Stoughton Food Pantry

520 S. 4thSt., Stoughton, 608-873-8103

Federal income guidelines are followed and services are provided to people who reside within the Stoughton Area School District. This is a client choice program. Usage is allowed to twice a month. Call to schedule an appointment.

Hours: Mon.-Thurs. 10:00 AM-2:00 PM; Tues. & Thurs. 4-6 PM; 1st Sat.: 9-11AM

Stoughton United Methodist Church Food Pantry

525 Lincoln Ave. 608-873-3273

Call a day ahead to register. Rides are available. For first time visits, identification and proof of address is required.

Hours: Tues. 9:00 AM - Noon & 4:00 - 6:00 PM; Weds. 9:00-11:00 AM

Personal Essentials Pantry

343 E. Main St., Stoughton WI 53589

608-982-7174, pepstoughton.org

Free essentials of household and personal hygiene to all individuals and families in need throughout all of Dane County.

Hours: Every 1st & 3rd Thursday, 1-5PM
Call Monday-Friday, 9AM-5PM prior to distribution days; leave a message.

CLOTHING PROGRAMS

Clothing Center

stoughtonclothingcenter.com

contact@stoughtonclothingcenter.com

Located at the back entrance of Covenant Lutheran Church

1525 N. Van Buren St., Stoughton WI

Free, gently used clothing sizes infant through adult 4X. No registration or income limits. Everyone is welcome. For current hours please see website.

St. Vincent De Paul Store

1509 Hwy. 51, Stoughton WI

608-873-3655

Used clothing and household items.